

# Soroptimist of Corona

**FALL 2014** 

NEWSLETTER

#### CALENDAR

#### Sept 8 6:30 pm Extraordinary Women Partnership Corona friends Church

Sept 10 noon—1st Meeting-Taps

Sept 15 5:30pm Board Meeting Lechner Office

Sept 17 Noon Taps Business Meeting

Sept 18 8-4- Women's Leadership Conference, Civic Center

Sept 24 noon– Meeting Taps

**Sept 27** 9am Dos Lagos Heroes vs. Villians Race

Oct 1 6pm 1st Afterglow,

Oct 8 noon—Taps Mtg

Oct 10-12 District 1 and 2 Fall Meeting San Bernardino

Oct 13 5:30pm Board Meeting, Lechner Office

Oct 15 noon- Online Busi ness Meeting

Oct 22 11:30-Counselors' Luncheon at Taps

Oct 29 noon—Taps Mtg.

Nov 1 6pm-Chocolate Wine & Jazz at Trilogy

Nov 5 6pm Afterglow-TBD

Nov 12 noon –Taps Mtg Fall Auction

Nov 17 5:30 Board Mtg Lechner Office

Nov 19 noon Online Mtg

Nov 26 No Meeting

# President's Letter

It is with the upmost honor and humility that I begin our year together as President of the best and most prestigious Club in our Region.

Our "Language of Soroptimism" is loving and inspirational. We use it skillfully to communicate our goals and purpose as a Club. This language is infused with passion in all of our endeavors such as our Chocolate, Wine, and Jazz Fundraiser and the various Service Programs we direct throughout the year. Our members share genuine affinity towards each other and it is clearly reflected by our playful spirit when we spend time together. It is no wonder that I can't wait to begin our year!

Our Goals and Objectives for our 2014-2015 year were defined at our Board Retreat held at our hospitable Debra Murphy's Blue Lagoon over the summer. Allow me to share the specifics:

1. We want to be purposeful in reaching out to our community of Corona, Norco, and Eastvale. Our goal is to connect

with potential members. In addition, our reach will focus on possible sponsors who will contribute to our CWJ Fundraiser and Club Programs.

2. We seek to create a short, passionate video that reflects on our mission, our signature CWJ Fundraiser and various Service Programs.

3. Take action in making Club Express part of our administrative, leadership, activities, and club membership contributions and access by year's end.

4. Create and develop an SI Corona Procedures Manual to serve as clarity and guidance.

5. Have a yearly Calendar that incorporates "Playful Field Trips" which will help raise member funds account and serve as relationships builders.

This is an ambitious agenda to say the least. Yet, our ongoing collaborate effort will allow us to take on these new tasks and successfully complete our goals and ambitions.

I am an optimist President. My confidence is based on the

#### by Paola Ringer



simple fact that I have beside me an incredible Board for this year suited with years of experience, skills, leadership attributes and a winning mindset. I am also surrounded by members that are hands on, generous in sharing their talents and fluent in the Language of Soroptimism.

A happy and fruitful year to you all!

With much love, Paola Ringer



### **Soroptimist Live Your Dream** by Dr. Maria Hopkins

#### **Education and Training Awards for Women**

Women who serve as the primary wage earners for their families and seek financial assistance to continue their education or receive training can now apply for the Soroptimist Live Your Dream: **Education and Training Awards** for Women (formerly the Soroptimist Women's Opportunity Awards). Applications are available and writable from our website www.sicorona.org or by Neena Garg, neenagarg2@gmail.com or Sherlett Hope King coronaca@kidspark.com. The application deadline is November 15, 2014

The SI Corona club will provide a \$1,000 cash grant to its award recipient, who will then advance to the Soroptimist Golden West Region level, where recipients could receive up to an additional \$5,000. The program culminates with three finalist \$10,000 awards.

Recipients can use the Live Your Dream Award to offset costs associated with their efforts to attain higher education or additional skills and training. This includes tuition, books, childcare, carfare or any other education-related expense.

The Live Your Dream Award provides more than \$1.6 million in cash grants to head-of-household women in need each year. Since the program's inception in 1972, approximately \$30 million has helped tens of thousands of women achieve their dreams of a better life for themselves and their families. A study conducted by The Fels Institute of

Government, a research and consulting organization based at the University of Pennsylvania, confirmed the efficacy and impact of this program. It improves the recipients' quality of life; builds their confidence; strengthens their self-determination and makes them want to, in turn, help others. Helping women in this way has the demonstrated effect of leading to stronger communities, nations and the world.



by Michelle Volonte

### Counselor's Luncheon — October 22

Our annual Counselor's Luncheon will be held on October 22 at TAPS, 11:30am - eon is to 1:00pm. This is our opportunity to counse connect with the schools in the district and make them aware of our upcoming programs for the year. Committee Chairs for CWJ, Dreams and Decisions, Live Your Dream, Scholarship, Women of Significance, and the new Dream It, Be It grams to program will present a brief overview of

their program. Our goal with the luncheon is to inform and "plant a seed" in the counselors' brains, so when we reach out to them again later in the year, the schools will be ready to dive in and help us find potential awardees and attendees. Be sure to attend so you can answer questions and talk up our programs to our visitors!



### 43rd Biennial Convention Highlights



The convention was held in beautiful, Vancouver, Canada July 23-27, 2014. Throughout each day, women of all ages and ethnicities would stroll through Pan Pacific Hotel and Convention center with laughter, smiles, and conversations from various countries around the world. It was impossible to not feel the mission and vision that drives Soroptimist as an international organization. Embracing the vision included trading business cards, pins, ideas, and enthusiasm throughout each day.



Each day, the halls were filled with sounds of laughter, and words spoken in multiple languages encouraging and promoting ideas with a common goal for improving the lives of women and girls. Throughout the conference, one could

sense the true purpose and mission of Soroptimists around the world. The mission for each day was to provide each attending member with essential tools via workshops, general sessions, interactive conversations and exchanging ideas. Each member was encourage to take advantage of the networking lounge, viewing of "Girl Rising" movie, fun walks each morning and the many workshops on membership, program, fundraising, and public awareness. The convention began on:

Wednesday: Included networking, welcome reception, and friendship dinner. Members dressed in their traditional dress and colors of their identified countries. The evening was filled with inspiration, excitement and photographs.

Thursday: The day began with an exercise walk at 7:00 AM, followed by General Session. Wave of Change highlights with making change that impacts the lives of women and girls, following a strategic plan. To carry out the mission, members must empower women and girls to take charge of their own lives. It is important to support the

### by Dr. Maria Hopkins

Soroptimist brand. "We must perform and change first, much like the way we enable women and girls." This allows us to stay true to our brand. Our mission must be at the forefront of our club. It requires teamwork, focus, and commitment."

A major change was the title of "The Woman of Opportunity Award (WOA)" which no longer exists. The new title for WOA is "Live Your Dream Education and Training Award." This requires going beyond a cash award to include a greater commitment and strategic plan.

A new addition to program was unveiled, from "The New Girl Program" to "Dream it, Be it" mentoring program for girls. This will officially begin 2015-2016.





### 43rd Biennial Convention Highlights (Cont.)



**Friday:** Fun walk at 7:00AM, General Session "Girls Are The Future", with keynote speaker, Kaycee Jennings, producer of (movie) "Girls Rising: a Powerful Force For Change" and six concurrent workshops: Repeat of six concurrent workshops and Interactive workshops on various subjects.

- Leadership
- Program
- Membership
- Fundraising

- Public Awareness
- Personal development

The evening finished with a Soroptimist Dance Party, "Girls Just Want to Have Fun"

**Saturday:** Fun Walk at 7:00 AM General session with greetings from other federations President Ann Garvie, President from Great Britain and Ireland, President of South Pacific. Each one provided members with inspirational words to continue our quest to do what is best for women and girls around the world.

"The world is still faced with a global pandemic of gender violence as a weapon of war. "Pink is the new blue and blue is the new pink." It is opening doors for women and girls. Working on both sides is important to achieve equality. Men and boys must be our partner of women and girls in our goal against violence. "As long as women are bought and sold,

- none of us are free, learn from yesterday, live for today and hope for tomorrow."
- Invitation of SI Convention in Istanbul, Turkey, July 9-12, 2015
- Closing session included President's Award and Keynote speaker on Happiness

Convention ended with:

- Recognition Banquet with Leader recognition,
- President SIA Leader Welcome,
- Certificates and club giving recognition,
- Invitation to Biennial in Florida 2016.



### Anecdotes from Presidents Past - Marcy Decato 2007-2008

My time in Soroptimist has been very active and rewarding. Within just a few months of joining in 2004, I took over VP of Service for Matti Ameli who moved to Spain. From there, I escalated thru various positions within the board, and in 2007 I became club President. In my mind, I was still fairly a new member, but I took the challenge. What a year!!!

I definitely learned a great deal about Soroptimist as a whole, and the culture of our own club. We started the journey with a great Board Retreat at Debbie Murphy's "Blue Lagoon" where we put together a great Strategic Plan for the year. Here are the main goals set for 2007 -2008:

Increasing membership retention

- Education & Leadership, in particular to educate our members about Soroptimist
- To meet all dead lines with the region and with SI
- To have a cohesive board with open communication
- To increase public awareness
- To learn more about each member of our club
- To make sure visitors will feel welcome and comfortable.

With these objectives in mind and maintaining the way we run our club year after year, our accomplishments in 2007-2008 more than surpassed the expectations not only at club level, but at Golden West Region. When we attended Spring Confer-

ence in Phoenix, Corona again was "the club to be in". Among many awards, we received the most prestigious Governor's Award. Our name was called over and over, to the point that it was overwhelming and of course if you know me, you would not be surprised by me telling you that I cried my eyes out. So, if you ask me, what was the highlight of my year as a president, it has to be Spring Conference, not only because we brought home the biggest recognitions, but because we bonded as a group even more.

I am passionate for Soroptimist as an organization, and I love SI Corona as my home!



### **SIC Board Retreat**

The 2014-2015 Board Members got together in August at "The Blue Lagoon", hosted by Debra Murphy and led by our new President Paola Ringer. We enjoyed great food and fun while discussing our goals and planning our upcoming Club year. Be sure to try the salmon recipe featured here—it was a hit!







# 4th of July Parade & Summer Social

This 4th of July, Soroptimists came together at the home of Linda Holmes and decorated a float for the Main Street Parade. Custom t-shirts were made for the event, brochures were passed out to the crowd and it was a great showing of our

pride in SI Corona. Our summer social this year was hosted at the Dredla home, always a treat to visit. We had a delicious potluck, enjoyed the serenity of the pool, visited the elaborate vegetable gardens, and played one mean game of video Trivia









SOROPTIMIST OF CORONA

# **Asparagus and Mushroom Quiche**

### Shared by Debbie Miller and Courtesy of the Foley House Inn

#### **Ingredients:**

5 slices of bacon

2 Tbsp olive oil

1 small onion cut into half-inch pieces

1 cup portobello mushrooms, stem and ribs removed cut into 1inch pieces

#### **Directions:**

- 1. Preheat oven to 400 degrees F (200 degrees C).
- 2. Cook bacon in a large skillet over medium heat until evenly brown and crisp. Drain on paper towels, crumble and set aside.
- 3. Heat oil in a large skillet over medium high heat. Add onions; cook and stir until translucent. Reduce the heat to medium and add the portobello mushrooms. Continue cooking until the mushrooms are tender. Set aside.

1 cup chopped fresh asparagus 8-inch unbaked pie shell

1 egg white lightly beaten

1 cup shredded sharp cheddar cheese

1/4 cup crumbled feta cheese 2 eggs

4. Bring a saucepan of salted water to a boil over high heat. Cook asparagus in boiling water until just tender, 1 to 2 minutes. Immediately drain and run under cold water to cool.

5. Brush the pie shell with the beaten egg white, if using. Place the onion and mushroom mixture, asparagus, and bacon into the bottom of the pie shell. Sprinkle the Cheddar and feta cheeses over the vegetables. In a small bowl, whisk together the eggs, cream,



salt, and pepper until smooth. Pour this mixture over the vegetable and cheese filling. Bake uncovered for 35 to 40 minutes, or until firm and lightly browned on top. Let cool to room temperature before serving.

# **Maple-Glazed Salmon**

This recipe was Shared by Deb at the Board Retreat and was loved by all, so we are pleased to have it! You can put together a big batch of the spice rub, and keep it in an airtight container; use it to add flavor to meat and fish on weeknights. (Original recipe from Cooking Light SEPTEMBER 2010)

Yield: 4 servings (serving size: 1 fillet)
Total Prep and cook time: 20 Minutes

#### **Ingredients**

1 teaspoon paprika

1/2 teaspoon chili powder

1/2 teaspoon ground ancho chile

1/4 teaspoon ground cumin

1/4 teaspoon brown sugar

1 teaspoon kosher salt

4 (6-ounce) Alaskan salmon fillets

Cooking spray

2 tablespoons maple syrup

#### **Preparation**

1. Preheat broiler.

2. Combine first 6 ingredients; rub spice mixture evenly over flesh side of fillets. Place fish on a broiler pan coated with cooking spray; broil 6 minutes or until desired degree of doneness. Brush fillets evenly with syrup; broil 1 minute.

### Shared by Debra Murphy



### 2014-2015 Committee Chairs and Members

**Grants: Kim Taylor** 

Beth Tracy Christy Neena

**D&D:** Morgan and Joyce

Leeza
Sherlett
Kristin
Denise M.
Christy
Dana
Linda
Sylvia
Shelly
Bev
Irena

WOS: Cyndi to mentor Dana and Kim Cunningham

Beth Monica Bev Michelle Neena

**Live Your Dream ETA (WOA):** 

**Sherlett & Neena** 

Maria Linda

**Scholarship: Monica** 

Bev Neena Sherlett Denise Linda **CWJ:** Debbie

Shelley
Debra
Linda
Denise M.
Kristin
Dana
Laura
Leeza
Bev
Amy
Irena

**Marketing: Christy** 

Marcy Laura Denise M.

**Spring Conf Coordinators:** 

Seema, Shawn, and Michelle

Kristin Sherlett **Human Trafficking: Shawn** 

Crystal
Michelle
Denise M.
Beth
Joyce
Kristin
Monica
Sherlett
Leeza

**Club Express:** Denise M and

**Denise H** 

Marcy Laura Leeza

**Newsletter: Laura** 

Leeza

Dream It, Be It: Maria

Historian: Paula Montanez



# Psst...It's a secret...

**By Denise Middleton** 

NO IT'S NOT – we should be shouting it from the rooftops!

Chocolate Wine and Jazz is right around the corner and we NEED NEED NEED everyone's help. The 12<sup>th</sup> annual Festival is being held on November 1st, and this year we are adding a little rock-n-roll to the event. It has the potential to be our most successful one ever - let's make that happen!

Please don't think that because you are not on the committee there is nothing that needs to be done. We are a bit behind schedule with the event this year, so our ENTIRE membership needs to pull through. What can you do? So glad you asked:

Sponsorships: We've added an exciting new category to the Champagne level sponsorships this year called our

VIP Hospitality Package. It includes early entrance to the event, a personal tour of the grounds given by our lovely President Paola, recognition on our website all the way through June 2015, and much the event. more. If you can think of any business or individual that wants to support our mission please ask them to be a sponsor, at the Champagne or any level.

Food Sponsor: There are many restaurants in town, and we can't personally go to all of them. But since we all like to eat out, I'm sure that collectively we can reach out to all of them. A personal invitation to the restaurant manager/owner to provide some tasty appetizers to our patrons would be much appreciated.

Wine Sponsor: Anybody in a wine club? Know somebody at a winery? That's the kind of inside connections we need to make sure that we have enough wine for best CW&J and( R&R) ever!



**Ticket Sales:** The packets are going out to all the members so put on your sales hat and let's get tickets into the hands of the community.

Auction Basket: Dana is working very hard on assembling some gorgeous auction baskets, but needs more items to fill them up.

Social Media: Information about the event is on our website - sicorona.org and on our facebook page. All you need to do is hit the share button and the word will spread.

Together, let's work on making this our

# 2014-2015 Board Members

President......Paola Ringer President Elect......Maria Hopkins 1<sup>st</sup> VP of Service......Michelle Volonte 2<sup>nd</sup> VP of Ways and Means......Denise Middleton Treasurer......Debbie Miller Assistant Treasurer......Kristin Barbarosa Corresponding Secretary.....Laura Janik Recording Secretary......Jackie Figueroa 1<sup>st</sup> year Director......Monica Green 2<sup>nd</sup> year Director.....Cyndi Monroe Delegates.....Seema Lechner/Shawn Dredla Alternate Delegates.....Leeza Villagomez/Beth Groves



#### **Contact Us At:**

SI Corona P.O. Box 381 Corona, CA 92878

For submissions to the SI Corona Newsletter, please contact: Laura Janiklauralindjanik@gmail.com

Founded in 1947, the SI Corona Club is part of Soroptimist International of the Americas, a global organization that works to improve the lives of women and girls through programs leading to social and economic empowerment.